Dr. Laura Peppers earned her Doctorate of Chiropractic and Bachelor of Science degrees from Palmer College of Chiropractic, Davenport, Iowa, in 2010, where she participated in the clinical academic rotation program at the University of Iowa Veterans Administration Hospital, and went to Fiji with a clinic abroad team, that served elementary school children and their families.

Dr. Laura Peppers has six children, five of which were born at home, and three stepsons. She home-schooled her children, of various levels of education, simultaneously through eighth grade. Just as they became “Empty Nesters,” they welcomed three siblings into their home as foster children, and then adopted them. Their family continues to grow, as their eighth grandchild is on the way! She loves the miracle of birth and is dedicated to working with pregnant Mothers; helping them have the best birthing experience by aligning the pelvis for the delivery of their baby.

Dr. Laura is an avid gardener and have passion for living holistically. Chiropractic care, an active lifestyle, a whole food plant-based diet, herbal medicine, and homeopathy have been the key for optimum health. Dr. Laura completed 7 marathons in various locations including Chicago, Milwaukee, Indianapolis, and the Quad Cities. She was the 1st female finisher of The Lake Geneva, WI marathon in 2003. She has also run several road races, of various distances, and has attained numerous placement awards. She enjoys hiking, boating, canoeing, sailing, and ballroom dancing.

Dr. Laura is very comfortable working with young and old alike and enjoys serving people in many capacities. She has completing her coursework for her certification in pediatrics with the International Chiropractic Pediatric Association. She is community minded, getting involved in organizations that better the lives of those living there. She has a love for learning, communication, and a desire to continue to grow.